

# Rosh Hashanah Seder Nashuva!



## Dates – A Wish for Peace

תמר

*Y'hi ratzon mil'fanecha*

יְהִי רָצוֹן מִלְּפָנֶיךָ

*Adonai Eloheinu,*

יְיָ אֱלֹהֵינוּ,

*She-yi-tamu oyveinu v'soneinu* וְשׂוֹנְאֵינוּ וְשׂוֹנְאֵינוּ

וְכָל מִבְּקָשֵׁי רַעְתָּנוּ:

*v'chol m'vak-shei ra'ateinu.*

May it be Your will, Adonai our God,  
that this new year be a peaceful year  
for us and for all the world.

## Pomegranate – A Wish for Mitzvot

רמון



*Y'hi ratzon mil'fanecha*

יְהִי רָצוֹן מִלְּפָנֶיךָ

*Adonai Eloheinu,*

יְיָ אֱלֹהֵינוּ,

*She-ni-he-yeh m'le'im*

שְׁנֵהִיָּה מִלְּאִים

*mitzvot ka-rimon.*

מִצְוֹת כַּרְמוֹן:

May it be Your will, Adonai our God,  
that we be as full of good deeds  
as the pomegranate is full of seeds.



## Beans – A Wish for Prosperity/Tzedakah

רוביא

*Y'hi ratzon mil'fanecha*

יְהִי רָצוֹן מִלְּפָנֶיךָ

*Adonai Eloheinu,*

יְיָ אֱלֹהֵינוּ,

*sheyirbu zechuyoteinu.*

שִׁירְבוּ זְכוּתֵינוּ:

May it be Your will, Adonai our God,  
that we be blessed with all we need in the new year.

## Pumpkin /Gourd – A Wish for Happiness

קרא



*Y'hi ratzon mil'fanecha*

יְהִי רָצוֹן מִלְּפָנֶיךָ

*Adonai Eloheinu,*

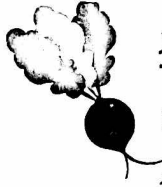
יְיָ אֱלֹהֵינוּ,

*she-tikra ro'a g'zar dineinu*

שֶׁתִּקְרַע רַע גְּזַר דֵּינֵנוּ

*v'yikaru l'fanecha zechuyoteinu.* וַיִּקְרְאוּ לְפָנֶיךָ זְכוּתֵינוּ:

May it be Your will, Adonai our God,  
that we be blessed with happiness.



### Beets – A Wish for Freedom

סלק

*Y'hi ratzon mil'fanecha*

*Adonai Eloheinu,*

*She-yistalku oyveinu*

*v'soneinu v'chol*

*m'vakshei ra'ateinu.*

יְהִי רָצוֹן מִלְּפָנֶיךָ

יְיָ אֱלֹהֵינוּ,

שֶׁיִסְתַּלְקוּ אוֹיְבֵינוּ

וְשׁוֹנְאֵינוּ וְכָל

מִבְּקָשֵׁי רַעֲתָנוּ:

May it be Your will, Adonai our God,  
that we be blessed with freedom.

### Fish Head – A Wish for Leadership

ראש



*Y'hi ratzon mil'fanecha*

*Adonai Eloheinu,*

*shenih'yeh l'rosh*

*v'lo l'zanav.*

יְהִי רָצוֹן מִלְּפָנֶיךָ

יְיָ אֱלֹהֵינוּ,

שֶׁנִּהְיֶה לְרֹאשׁ

וְלֹא לְזָנָב:

May it be Your will, Adonai our God,  
that we will be heads and not tails,  
leaders instead of followers.

### Leeks/Scallions – A Wish for Friendship

כרתי



*Y'hi ratzon mil'fanecha*

*Adonai Eloheinu,*

*Sheyikartu oyveinu*

*v'soneinu v'chol*

*m'vakshei ra'ateinu.*

יְהִי רָצוֹן מִלְּפָנֶיךָ

יְיָ אֱלֹהֵינוּ,

שֶׁיִכְרְתוּ אוֹיְבֵינוּ

וְשׁוֹנְאֵינוּ וְכָל

מִבְּקָשֵׁי רַעֲתָנוּ:

May it be Your will, Adonai our God,  
that we be blessed with friendship.



### Apples in Honey – A Wish for Sweetness

תפוח

*Y'hi ratzon mil'fanecha*

*Adonai Eloheinu,*

*Shetichadesh aleinu*

*shanah tovah u'metukah.*

יְהִי רָצוֹן מִלְּפָנֶיךָ

יְיָ אֱלֹהֵינוּ,

שֶׁתַּחֲדִישׁ עָלֵינוּ

שָׁנָה טוֹבָה וּמְתוּקָה:

May it be Your will, Adonai our God,  
that we be blessed with freedom.

\* We then dip the apple in the honey, recite the prayer below,  
and enjoy the sweet flavor we associate with the New Year!

שָׁנָה טוֹבָה וּמְתוּקָה!

*Shanah Tovah u'Metukah!*